

# The 2010 “Guide to Island Life”

The Island beat gets louder with each passing day . . . and its rhythms remind us that YOU are on the way! As K-Kauai’s fifth summer approaches, we are anxiously anticipating your arrival and look forward to the opportunity to serve your family this summer. The “Island” and our staff are geared up for K-Kauai’s best summer yet and we can’t wait to share the memories from summer 2010 with each of you. We can hardly wait for you to arrive!

As we tell our guests almost daily, “This is *your* vacation!” So... everything is optional. It’s our pleasure to provide a fun-packed program for every guest, no matter the age, but it’s *your* job to decide how much or how little of it you want to experience. That’s why we’ve included the following list of activities for all ages for you to think about, plus a glimpse at some of our amenities and special events.

As always, we call our two excursion days, “Ooooo Days”, (for, “Outrageous-Ozark-Ohana-Optional-Outings”). Take a moment now to pause and say the word. “Ooooo!” Did you say it like you meant it? Good—because we believe these two days will provide some of the best memories of your family vacation. However, to staff these days properly, we need you to **fill out and return** the brief sign-up form included in this packet.

In order to fill out your form correctly and prepare for your stay on the Island . . . here are a few snippets that should help.

## **What to Bring**— (These suggestions are not exhaustive)

- All clothing at K-Kauai is entirely casual . . . shorts, tees, sweats, swimsuits, tennis shoes, sandals, etc. We do have one night, however, when we offer a special meal to the parents, while all younger guests are with our staff. For this event, we suggest that our parents come a little more refined. “Casual nice” might describe it, i.e. nice shorts, etc. Some parents may choose to use this night as a personal “date night” out.
- For those that would like to bring costumes, we’ll have a few theme nights so here are a few ideas.
  - ✓ Our opening night will help set the bar high as we roll out our theme: “LIMBO LiMBO” with some entertainment and fun at the pool (swimsuits are the way to go!).
  - ✓ You can also look forward to experiencing the latest in K-life technology with our very own “iLIFE” (We’ll need tech support, so tape up your glasses, grab your pocket protectors, hike up your pants and join the “Geek Squad”.) For you vets, feel free to draw inspiration from former characters like Shhhhtephen and Randy.
  - ✓ You won’t believe it, but we’re anticipating snow multiple times this summer as we celebrate “A Kauai Christmas” each week. (Pack your elf gear, Santa hats, antlers and lights for t his amazing day.)
  - ✓ During our family adventure game “LIMBO DOJO” you’ll want to don your most stealth Ninja gear.
  - ✓ And for our final night – beachwear/luau attire is the way to go as we celebrate at the LiMBOLAND LUAU!
- We ask our *staff* to be modest in their swimwear, (i.e. one-piece suits for girls, and no ridiculously low-riding trunks for our male staffers). However, two-piece swimsuits are fine for our female *guests*. We simply ask that you let modesty be your guide... and we’ll leave it at that.
- Bring your own shampoo and toiletries. We’ll provide all the bath towels, but you will want to pack a decent supply of *beach* towels for our pool and water park. We have a small supply of toiletries in “Papakoo’s” (our wonderful gift shop) where you can also find fantastic gifts and mementos. You will also need to bring your own traveling iron and hair dryer, as neither of these items is provided in your room.
- Bring sunscreen and insect repellent. This year we are supplying hand soap and Kleenex in the rooms.
- Bring your own laundry detergent (An ample supply of quarters is a good idea, though we do have some available in the office).

## **Other Snippets**—

- Keep in mind we have small refrigerators in every cabana, but no microwaves. For those guests who want to warm a bottle for an infant, etc. we have microwaves available in the Hale Olina, (our dining hall.)
- We have no TV's or telephones in our cabanas. So come prepared simply to interact with one another. (Note: We do have TV's in Muscle Beach, our workout facility, and in a few other locations around the property, so we're not completely disconnected from the world.) Wireless internet is available in our Coffee Shop and Chapel.
- We have a doctor on site and we are five minutes from a quality hospital.
- Please, no alcohol or tobacco on the K-Kauai Island. Also, there are no pets allowed!
- No curfew exists on the Island for our guests, but we ask you to keep in mind that our staff is in bed with torches out at 11:00 p.m., so they will be ready to serve again the following morning.
- Our nursery, "Ala Moana", (which means, "the shallows"), is available for little ones (ages 0-4) according to a schedule that will be communicated when you arrive. This is not open all the time. We have a 3 and 4 year old program that is designed to give our "Kowabungas" a special fun time on the Island.
- We have a 5 and 6 year-old program that will allow these special "in-betweeners" to feel as if they're not just "stuck with the little ones." We call this group our "Coconut Kids".
- 7-11 year-olds comprise our "Riptide" program, while 12-18 year-olds make up our "Breakers". Programs for these age groups are age-appropriate, and we regularly single out our older Breakers, (15-18) to participate in programs that are even more geared toward high school. *\*By the way, please ask your kids to leave their cell phones and iPods in the cabana during our morning program. That way, nothing will get lost... and the potential for bonding and fun will be greatly enhanced.*
- Our staff members are eager to eat meals with you and your family. It will be a routine thing for them to walk up, introduce themselves, and ask if they can eat with you. If, however, your family needs "alone time", simply let them know this. They won't take it personally.
- We will have crafts available again this year at The Jolly Oyster, our creative arts pavilion. (Projects to be announced.)
- The Bamboo Bean, our full-service coffee and snack shop, is open most of the time... with shakes and smoothies so tasty you'll look for excuses to visit "*The Bean.*" There, you'll find great fellowship and . . . wireless internet!
- Our laundry facilities (Tide Pools I and II) are available 24/7 for our guests.

#### Arrival Time—

Gates open at 4:00 p.m., but please no sooner. We want everything to be just right when you pull through the gates. Other than that, the palm trees are swaying and the waves are perfect, so . . . hurry up and get here! Aloha!

Your friends,  
Doug, Dee and G.T. <>

P.S. **The following pages are super important!** Please take a moment to complete the Excursion Sign-up Sheet and mail it back to us ASAP. (K-Kauai Family Kamp, 1353 Lake Shore Drive, Attn: Donna Case, Branson, MO, 65616). We have included a short description of all our excursions to help you select your preferences.

**If you are MapQuesting directions, please use our physical address: 833 Lake Shore Drive.**

## Sign-Up Sheet for K-Kauai Excursions “Ooooo!!”

There is a short description of each excursion on the next page. Please indicate your top 5 preferences, using 1—5 to rank these events. Most of these excursions will take you away from Kauai for several hours. Some of them are self-guided and won't require a Kauai staff member to lead you. Some will require your own transportation. (Sorry, we cannot provide transportation.) Some are included in your vacation package, while others require additional charges, (Please note these are indicated by“\$”). Keep in mind we'll provide tons of exciting options for our guests who elect to spend “Ooooo Days” on the Island. Also please note the age limitations for some of our excursions.

**Please return this preference sheet to  
K-Kauai Family Kamp - Attn: Donna Case - 1353 Lake Shore Drive – Branson, MO 65616**

Your family's personalized excursion schedule will be communicated to you at check-in.  
No more long sign-up lines in the office upon arrival!

Name of Family **Primary Account Holder:** \_\_\_\_\_  
Term attending: \_\_\_\_\_

Pref.    No. in party

- |       |       |  |
|-------|-------|--|
| _____ | _____ | <b>Rainbow Canoe Trip, (ages 5 and up)</b>                               |
| _____ | _____ | <b>Martin's Point Tropical Holiday</b>                                   |
| _____ | _____ | <b>Hawaiian “Juff Blumping”</b>  |
| _____ | _____ | <b>Hillbilly Lobster Hunt</b>  |
| _____ | _____ | <b>Diamond Head Family Ropes Experience</b>                              |
|       |       | <b>(This includes Screamer/Zipline/Free Fall/and Rock Climbing Wall)</b> |
| _____ | _____ | <b>Paintball</b>   |
| _____ | _____ | <b>Hiking (\$)</b>   |
| _____ | _____ | <b>Fly-Fishing (\$)</b>  |
| _____ | _____ | <b>Biking (\$)</b>   |
| _____ | _____ | <b>Horseback Riding (\$)</b>   |
| _____ | _____ | <b>Pontoons on Taneycomo</b>   |
| _____ | _____ | <b>Rock Climbing Wall</b>  |
| _____ | _____ | <b>Silver Dollar City (\$)</b>   |
| _____ | _____ | <b>White Water (\$)</b>  |
| _____ | _____ | <b>Sporting Clays (\$)</b>   |
| _____ | _____ | <b>“The I'm Third Way” at KAA!</b>                                       |
| _____ | _____ | <b>3 Par Golf Tournament (\$)</b>  |
| _____ | _____ | <b>Sight-n-Sound Theatre (\$)</b>  |
| _____ | _____ | <b>Branson Canopy Tour (\$)</b>  |
| _____ | _____ | <b>Ozark Orienteering Excursion</b>                                      |

**Note:** Please be patient as we do our best to honor all guests' preferences.

Also available for everyone during the afternoons:

- Water Park
- Pool and Jacuzzi
- Shady Hammocks
- Game Room
- Snack Shop
- Fidget Ladder
- Mini-Golf

## Excursion Descriptions

- **The Rainbow Canoe Trip**—this all-afternoon family canoe trip begins right after lunch with a short drive to the headwaters of beautiful Taneycomo Lake. There, you and yours will be dropped off with your canoes, your gear, and your lunch for several hours of trout fishing, paddling, swimming, tanning, and forming rich memories. You have the afternoon to make this 2-mile trek on open water. And if you're skilled fishermen, you may just capture a Taneycomo treasure. Good luck! A fishing license can be purchased at Bass Pro directly across the lake in Branson.
- **Martin's Point Tropical Holiday**—this gem of an adventure features skiing, tubing, knee and wake-boarding and guaranteed family bonding. For those who want to experience one of America's most gorgeous lakes, this trip is for you.
- **The Hillbilly Lobster Hunt**—A big hit in 2007, 2008 and 2009! We believe it's a crime to come to the Ozarks and not do as the Native Americans once did in these here hills. We're talking *canoeing*, folks, and we think everyone ought to sign up for this playful, *pre-dawn* journey up Roark Creek. You'll be guided by two of our most whimsical natives, pampered by our Hawaiian Hillbillies, and given the opportunity to top it all off with a thirty-foot plunge into water so "refreshing" it hovers slightly above solid form. In between all this, we'll hunt for the elusive Hillbilly Lobster, catch live crawdads, skip rocks, sing songs, take pictures, play games, and become natives. Don't miss it--and you will if you're not at Whitecap's Wharf by 6:00 a.m.!
- **Hawaiian Juff Blumping**—yes, you heard us correctly. We said, "juff-blumping", and it is not to be confused with "bluff-jumping". We don't do anything the "typical" way around here. So, if you like heights, and you're even fonder of "lowghts", then you'll love this trip to Lake Tablerock's famous bluffs, where you can juff-blump from heights to lowghts 'til your heart's content. Bring your video camera.
- **Diamond Head High Elements Course**—this is our onsite ropes course and zipline. Normally used as part of our Low Tide youth program, it is available to families during many of our afternoons, and occasionally to parents only. Those who elect not to leave K-Kauai property on "Ooooo Days" may want to sign up for a session on Diamond Head. It will test your courage and build your character. This High Elements Course includes our new Screamer Swing and Free Fall.
  - **The Screamer Swing** is new in 2010 and will allow you to experience the thrill of the biggest swing in the Kanakuk Kamps system—or watch as daring individuals literally swing through trees. You will quickly understand how it got its name!
  - **Free Fall** – Also new in 2010, and will give you the opportunity to experience an actual four-story fall! It's not a bungee – it's a free fall! Coming all the way from the United Kingdom, this new ride is one of only a handful in the United States!
  - **Diamond Head Climbing Wall** - Climb our 30-foot rock wall, and take it to the top, if you dare! Perfect activity to fill an afternoon on the Island. No weight limit and no age limit . . . but tons of fun!
  - **Bonzai Zipline** - is the usual way down from Diamond Head. Those who are interested in "zipping" without all the preliminaries of our ropes course are welcomed to sign up for Bonzai. It's the only way to fly! (Weight limit: 250 lbs. Age limit: 6 years old)

There is no weight limit to our ropes course, but guests must be 8 years old to do Diamond Head (low level). If they want to do the upper level, they must be tall enough to clip into our cables. (Most 8-year-olds are able to do so.)

- **Paintball** – Ready, Aim, FUN! It's time for the paint to splatter and memories to be made. We host our very own Paintball Paradise that will have your family reliving this adventure all year long. This has been a HUGE hit and will continue to be one of the highlights of your time on the Island. Bring your clothes 'cause they make a dent! This is for our guests, age 10 and older.
- **Hiking**—Bring the history of Dogwood Canyon to life on a self-guided, paved trail that follows the gorgeous canyon floor. Adults \$8.95, Kids 3-11 \$4.95, Stroller rental \$6.00.
- **Fly-fishing**—at Dogwood Canyon. This adventure takes you into sparkling spring-fed water, which is home to beautiful rainbow trout. This is a catch and release fishing program. No license or stamp required. Adults \$25.00 Kids 3-11 \$15.00 Spinning rod rental is \$6.00 and fly rod rental is \$10.00.
- **Biking**—at Dogwood Canyon. Let the wind blow through your hair while you enjoy a comfortable, family ride through this truly breathtaking canyon. Adults \$17.95 per day, Kids 3-11 \$8.95. Prices for those who bring their own bikes are \$8.95 for adults, and \$4.95 for kids.
- **Horseback Riding**—enjoy a scenic leisurely ride. Two options available: Big Cedar Lodge, \$28 per person, ages 6 and up, 260 lb. weight limit, 12 people per hour. Or Dogwood Canyon, \$30 per person, ages 10 and up, 260 lb. weight limit, 6 people per hour.

- **Taneycomo Pontoon Jaunt**—take your family and friends aboard a pontoon boat for an afternoon of cruising, sunning, fishing, and swimming. The whole lake is yours! 12 people or 1500 lbs per boat. Reservations only. We provide the driver.
- **Silver Dollar City**—You have a great past ahead of you! Travel back in time to the simplicity of the 1880’s America – with demonstrating craftsmen, unique shops, live shows, delightful restaurants, rides and attractions. Silver Dollar City has a new huge \$7 million water battle attraction this year that promises to be exciting for kids of all ages! Regular prices are: \$51.59 (adults, 12-61), \$40.84 (children, 4-11), and \$49.44 (seniors, 62+). You can purchase them at the Kauai Office for \$21.25 each. This requires your own transportation.
- **White Water**—the Beach within Reach! Splashtacular events await your entire crew! Branson’s only outdoor water park with water blasters and super soakers, to high tides and speed rides. Regular prices are: \$39.06 (adults, 12-61), \$33.48 (children, 4-11), and \$20.09 (“land lubbers”). This requires your own transportation, but you can purchase the tickets in the Kauai Office for \$20.02 each.
- **Showboat Branson Belle** – Themed after the majestic showboats of the 1800’s traveling up and down the rivers of America, the Showboat offers a unique lake attraction and is America’s largest ship built on a landlocked lake. After dining and enjoying the show, you will have 20-30 minutes to stroll the exterior decks of the Showboat and enjoy scenic views of Table Rock Lake and the Ozark Mountains. Tickets are on sale in the office for \$21.25 (more than a 60% savings over regular an adult ticket price!)
- **Sporting Clays** – This is a walk-thru, 100-target course that will stimulate game hunting with crossing targets, rising targets, a rabbit on the ground or fleeing targets... using an open choke shotgun. Again, this requires your own transportation.  
Prices are:  
Trap (per 25)= \$6.00  
Skeet (per 25)= \$6.00  
Wobble Trap= \$6.00  
Sporting Clays (per 50)=\$20.00  
Sporting Clays (per 100)= \$32.00  
Five Stand= \$10.00
- **“The I’m Third Way”**—is a mini-mission experience to Kids Across America for families who want to serve others in the midst of their vacation. Come prepared to rake, shovel, paint, wash dishes, and share Christ’s love with the kids at our inner-city kamps. This excursion is a guest favorite every summer. This excursion takes most of one day.
- **Sight-n-Sound**— The Sight & Sound Theatre is one of our newest theaters in Branson and this year’s production of **“Noah – The Musical”** will be presented on its 300-foot-long wrap around stage. “Noah – the Musical” features a four-story ark that surrounds the audience, along with over 80 live animals, more than 50 animatronic animals and a professional cast of about 50. Ticket prices TBA.
- **Branson Canopy Tours** – Trek across swinging suspension bridges, cross walkways covered in the canopy and literally soar into ad venture along numerous zip lines for a one-of-kind outdoor adventure in the heart of the Ozarks. There are both 2.5 hour and 1.5 hour tours through the Wolfe Creek Preserve. Family passes (2 adults + 3 children) are available for \$299.99 plus tax or \$199.99 plus tax. A great introductory look into the ecology of the Ozarks wilderness without cutting corners on quality or excitement! Check it out on [www.BransonZipline.com](http://www.BransonZipline.com) code: Kanakuk.
- **Three Par Golf Tournament** – Located only a few minutes from Kauai, and across Lake Taneycomo, this small par three, nine hole course allows you the opportunity to practice your swing. The office will be glad to arrange tee times if you would like. For an adult the price is \$15.00 for 9 holes and \$18.00 for 18 holes. For a youth, the price is \$7.00 for 9 holes and \$10.00 for 18 holes. You can bring your own golf clubs or rent there for \$3.00.
- **Ozark Orienteering Excursion** – New in 2010, you will experience a two-hour adventure in one of Branson’s parks. Families will put their orienteering skills to the test against other families to find the hidden treasures. Our staff will provide a brief training session, and then it’s off tramping through the woods!